

KIDNEY
BEANZ
TRUST



supporting children
with life threatening
kidney disease

The Kidney Beanz Trust

Founded by Dr. Errol Gottlich who is a specialist paediatrician, with his sole interest being in Paediatric Nephrology. He started The Kidney Beanz Trust roughly 11 years ago. Dr. Gottlich saw a need for support ranging from financial to psych-social to support children with severe kidney disease as the children often require life long treatment with chronic dialysis and transplantation.

It is our goal to provide support services and education and relieve the pressure and negative impact that chronic kidney failure has on these children and their support systems. This pressure comes in forms of long stays in hospital whilst on dialysis (3 to 4 times a week for 4 hours at a time) or with multiple operations. As one can imagine this prolonged absence from their families and schools takes a major toll on our children.

The Trust operates from the Morningside children's treatment and dialysis unit (Kidney Kids) the Centre is unique, we also support Charlotte Maxeke and Red Cross.

Support services

1) Dietician

- To educate the importance of a healthy renal diet

2) Physiotherapy

- 3 to 4 hours bed rest per session of dialysis
- Stipulate/encourage muscle movement by keeping active

3) Transport

- Assisting with transport to and from dialysis Centre

4) Psychology

- Therapy as they go through the trauma of dialysis and/transplant preparation
- Mentally happy and healthy
- Coping skills to deal with day to day life

5) Paediatric Surgery/Vascular Access

- Pre and post operation management
- Education on what this entails

6) Medical Support

- Medical levies that are not covered by MA
- Supplements that are not covered by MA
- We employ a nurse to assist at the Renal unit at Charlotte Maxeke

7) Occupational Therapy

- Guide kids with developmental delays due to missing school

8) Chronic Day to day items

- Red Cross consumables

9) Teaching

- Assisting with school work
- Reading
- Keeping their minds stimulated

Numbers

- From establishment supports up to 3500 pre and post patients from various backgrounds and within Africa

Activities

- World Kidney Day
- Edenvale Marathon
- Golf Day
- 94.7 Cycle Challenge
- Cape Epic
- GivenGain

Awareness Booklets

- Illustrated children's educational story documenting the journey of having a kidney transplant

Trust Awareness

- "Lebo the great" <https://vimeo.com/channels/1163922>

