



Julia Ambler

Dr Julia Ambler graduated from the University of Cape Town with her MBChB in 1998. After her junior doctor years she spent 6 years in Oxford, UK returning home in early 2008. Whilst in the UK she trained and worked as a general practitioner and a children's hospice doctor at Helen and Douglas Houses in Oxford. She is a member of the Royal College of GP's in the UK and holds the Diploma in Paediatric Palliative Medicine from Cardiff University, Wales. She has also completed the Diploma in Child Health.

On returning to Durban, South Africa, Julia continued her career in paediatric palliative care and general practice through the Bigshoes Foundation, a non-for-profit company committed to improving the medical care of orphaned and vulnerable children. When this non-profit organization closed in December 2012, she was instrumental in launching Umduduzi – Hospice Care for Children to continue the work. Through this NPO she consults in palliative care to state hospitals and hospice programs as well as training health professionals in children's palliative care. She is a sessional lecturer in the Department of Paediatrics, Nelson Mandela Medical School at the University of KwaZulu -Natal.